



Linton Primary School

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Linton Primary School

Intent, Implementation and Impact statement for Physical Education (PE)

Intent

At Linton, we understand the vital impact physical education (PE) has on our children's health, fitness and mental wellbeing.

We intend to deliver high-quality teaching and learning opportunities which will enable and inspire children to:

- Enjoy and be successful in a broad range of physical activities and competitive sports
- Be physically active regularly and for sustained periods
- Acquire and develop practical skills and techniques
- Learn how to cooperate and collaborate with others as part of a team, developing values such as tolerance, fairness and respect
- Be resilient and determined to give their best efforts
- Lead active, healthy lives in the future

We will teach children skills to keep them safe such as being able to swim.

Through our extensive range of resources, progressive curriculum, extra-curricular activities, and intra and inter-school competitions, we aim to raise the profile of PE, exposing our children to sports they may not otherwise experience and giving them the opportunity to take part at a competitive level.

Implementation

PE at Linton provides challenging and enjoyable learning through a range of sporting activities including: fundamental, coordination and ball skills, invasion games, net and wall games, striking and fielding games, gymnastics, dance, outdoor and adventurous activities and swimming.

The long-term PE curriculum overview sets out the PE units to be taught each half term and ensures that the National Curriculum requirements are fully met.

Pupils participate in two high quality PE lessons each week. In addition, all children in KS1 and KS2 have the opportunity to participate in extra-curricular sports activities throughout the year. Break and lunchtime sports activities are available each day.

Children in Year 5 swim once a week throughout the year.



In the Early Years, we ensure that the children have ample opportunity to work towards the Early Learning goals through a range of activities. Children develop fundamental movement skills, balance, strength and coordination, spatial awareness, bodily control and agility. Children in Reception enjoy a weekly 'Yoga Bugs' session with a qualified yoga instructor.

In KS1 and KS2 we use the REAL PE programme. Through this we ensure that children acquire, develop and apply fundamental skills in a range of games and activities. Through the Multi-Ability Cogs: Physical, Social, Personal, Cognitive, Creative and Health and Fitness, children focus on their health and fitness as well as the wider benefits of PE such as teamwork, resilience and motivation.

We promote both participation and competition in PE and sport. We ensure that all children experience competition at some level, be that individually or in a team, within lessons, intra-house competitions or competitive sporting events within the local area as part of our membership to the South Derbyshire Active Schools Partnership.

We have a house system whereby all children compete for their house throughout the year, culminating in our 'sports day,' after which the sports house cup is awarded.

We offer a residential Outdoor adventurous activity experience for children in Year 5 and 6 each year.

In the summer term, the whole school participate in our annual Race for Life, raising money for Cancer Research UK.

Impact

Our children will achieve age-related expectations in PE.

We equip our pupils with the necessary skills and a love for sport. Children learn to take responsibility for their own health and fitness and enjoy competitive sports.

Children have good fundamental physical skills that will be transferable to a range of active pursuits.

Our pupils enjoy being physically active, and this has a positive impact on their learning in other areas of the curriculum. Children understand how to lead a healthy lifestyle and fully appreciate the importance of regular exercise and activity for their physical and mental wellbeing. They will develop a range of social and personal skills that they can transfer into sports and their daily lives, both now and in the future, enabling them to be happy and healthy.