

BREAKFAST CLUB MENU

Week 1				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cereal Piece of fruit Milk/Fruit juice	Toast + Jam Yogurt Milk/Fruit juice	Crumpets Piece of fruit Fruit juice	Cereal Piece of fruit Milk/Fruit juice	Toast + banana Yogurt Fruit Juice
Week 2				
Crackers/Cheese spread Piece of fruit Fruit juice	Cereal Piece of fruit Milk/Fruit juice	Pancakes Banana/ honey Fruit juice	Toast + Jam Yogurt Milk/Fruit juice	Cereal Yogurt Milk/Fruit juice
Week 3				
Brioche roll Banana Fruit juice	Toast + Jam Yogurt Milk/Fruit juice	Muffin + yogurt Fruit juice	Cereal Piece of fruit Milk/Fruit juice	Toast + Nutella Yogurt Fruit juice
Week 4				
Cereal Yogurt Milk/Fruit juice	Crumpets Piece of fruit Fruit juice	Brioche roll Banana Fruit juice	Toast + Jam Yogurt Milk/Fruit juice	Cereal Piece of fruit Milk/Fruit juice
Week 5				
Bagel + jam Yogurt Fruit juice	Cereal Piece of fruit Milk/Fruit juice	Toast + Nutella Yogurt Fruit juice	Crumpets Piece of fruit Fruit juice	Toast + Jam Piece of fruit Milk/Fruit juice
Week 6				
Cereal Yogurt Milk/Fruit juice	Brioche roll Banana Fruit juice	Toast + Jam Yogurt Milk/Fruit juice	Cereal Piece of fruit Milk/Fruit juice	Toast + banana Yogurt Fruit Juice
Week 7				
Pancakes Banana/ honey Fruit juice	Toast + Jam Yogurt Milk/Fruit juice	Cereal Piece of fruit Milk/Fruit juice	Muffin + yogurt Fruit juice	Cereal Yogurt Milk/Fruit juice