

HOW CAN I APPLY?



We're here to help! You can apply by filling in the form on our website or if you have any questions, please get in touch with our Workshops Team by calling 0345 300 1348 or email us.

0345 300 1348

workshops@caudwellchildren.com

GET INVOLVED

Get involved with our exciting calendar of events and challenges, explore volunteering opportunities, and discover fun ways to fundraise and make a difference.

To find out more, visit **caudwellchildren.com**



HOW YOU CAN DONATE



Around **80%** of our income comes from donations like yours. Please consider donating and help us continue our important work:



OUR SERVICES



Autism Services: Providing diagnostic assessments, practical and emotional support for autistic children and their families.



Equipment: Supporting families with mobility and sensory equipment to help children and young adults with their development, mobility and independence.



Workshops: Providing families with a range of resource sessions that focus on raising a child with a disability or an autistic child.



Kids' Activities Club: Hosting activities for children and young people with SEND. These sessions are fun, help with social skills and build their confidence.



Occupational Therapy: Helping children and young people build everyday skills, supporting confidence and independence, whether it's getting dressed, making friends, or doing their best at school.



Family Support: Providing families caring for a disabled or neurodivergent child or young person with vital support and information in person, over the phone, email, or via live chat.



Sensory Packs: Supporting families to access a range of portable sensory support packs.

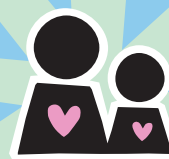


Shaping Futures: Supporting young neurodivergent people who are not in Education, Employment or Training with vital employability and life skills to help shape their futures.

**CAUDWELL
CHILDREN**

WORKSHOPS

HELPING YOUR FAMILY GROW TOGETHER



Sponsored by: **Slater + Gordon**

INTRODUCTION



Caudwell Children's Workshops offer valuable practical and accessible resources, that focus on some of the key challenges families may experience when raising a disabled or neurodivergent child.

Developed in direct consultation with autistic and disabled people, parents and clinicians, these sessions are designed to share helpful knowledge, offer practical strategies, and help families understand and support each other better.



Eligibility Criteria

- ✿ Each application must be submitted on behalf of an individual young person.
- ✿ Workshops are designed for families of children and young people aged 4-18 years.
- ✿ The child and their parent(s) or guardian(s) must be living legally in the United Kingdom.

WHAT WORKSHOPS ARE AVAILABLE?



VIRTUAL WORKSHOPS

Autism Next Steps: Parents and Carers

A relaxed, supportive session just for parents and carers to learn about autism, celebrate their child's strengths, and explore practical tips for supporting communication, emotions, and sensory needs, while connecting with other families on a similar journey.
**Autism diagnosis required*

Meeting Sensory Needs

An introduction to sensory processing, with simple strategies to help you support your child in everyday life.
**No diagnosis required*

Language and Communication

Suitable for parents of children just starting to develop language, this session helps you support your child in using the communication method that works best for them.
**No diagnosis required*

Forming Relationships

This session explores how play helps children build friendships and offers simple strategies to support them in learning how to interact with others.
**Autism diagnosis required*

Supporting Emotional Regulation and Behaviour

All behaviour is a way for children to communicate, and there are helpful strategies to understand what your child might be trying to tell you.
**No diagnosis required*

Autism and Wellbeing

Learning about common mental health and wellbeing challenges can help you better understand and support autistic children and young people.
**Autism diagnosis required*

Change and Transition

You'll find helpful advice and strategies to support your child through everyday changes and important life transitions.
**No diagnosis required*

Eating and Nutrition

A session discussing the environmental, sensory and emotional factors which may affect a child's eating. The session offers a range of strategies to support children who experience difficulties affecting eating and mealtimes.
**No diagnosis required*

Sleep

A session discussing some common difficulties children may experience with sleep as well as practical advice and strategies to support healthy sleep.
**No diagnosis required*

IN PERSON WORKSHOPS



Autism Next Steps: Ages 4-7 and 8-11

Fun, friendly sessions where kids enjoy supportive play while parents learn about autism, celebrate their child's strengths, and discover simple ways to help with things like communication, emotions, and sensory needs.
**Autism diagnosis required*

Autism Next Steps: Teenagers

This session is designed for autistic teens aged 13-15 or 16-18, offering a supportive space to explore important topics like self-advocacy, emotional resilience, social media and online safety, and sensory preferences. Through engaging activities and presentations, young people will build confidence, connect with others, and gain tools to better understand and express themselves.
**Autism diagnosis required*

For more information on eligibility criteria, please visit www.caudwellchildren.com/workshops