

HOW WE WORK WITH YOU?

We start by working with you and your child to see how we can help and what support is needed. After this first chat, we may suggest occupational therapy. This could include:

- 1. SETTING GOALS:** We work with your child to choose clear, simple goals.
- 2. PROBLEM-SOLVING:** Our therapists look at why certain tasks are hard and help you and your child find solutions.
- 3. GUIDED SUPPORT:** Therapists may guide your child as they practice and use new skills in everyday life.
- 4. LEARNING ACROSS ACTIVITIES:** We may help your child to use what they have learnt in different parts of their daily routine.



HOW YOU CAN DONATE

We rely on voluntary donations for over **70%** of our funding. Please consider donating and help us continue our important work:



WHO CAN OCCUPATIONAL THERAPY HELP?

Our services can support children with various needs, including:

- ✳ Dyspraxia/DCD
- ✳ Cerebral Palsy
- ✳ Autism
- ✳ Developmental Delay
- ✳ Down Syndrome
- ✳ ADHD
- ✳ Learning Difficulty
- ✳ Intellectual Difficulty
- ✳ Brain Injury
- ✳ And more

Don't worry if your child doesn't have a diagnosis - they don't need one to receive support from us.

GET IN TOUCH

For more information about our Occupational Therapy Service call or email us.

☎ **0345 300 1348**

✉ **OT.Service@caudwellchildren.com**

Or make a referral on our website:
caudwellchildren.com

There are currently two funding options available for children and their families to access the service which are Charity Funded and Self-Funded. Please contact us for further details of the funding application process and eligibility criteria.

**CAUDWELL
CHILDREN**

OCCUPATIONAL THERAPY



INTRODUCING

Our Children's Occupational Therapy Service

At Caudwell Children, our Occupational Therapy services are here to help children and young people develop important skills for everyday life. Whether it's learning to button a shirt, brush teeth, play, or do their school work, our therapists are dedicated to supporting young people aged from 0 up to the 18th birthday to achieve their goals.

What is Occupational Therapy?

Occupational therapy helps children do the things that are important to them every day, like playing, learning, and taking care of themselves. When we talk about "occupations," we mean all the daily activities that children and young people need to do, like dressing, bathing and fun things.



HOW CAN OCCUPATIONAL THERAPY HELP?

BUILDING SKILLS:

Small Movements: We help children with skills like writing, using scissors, or buttoning clothes.

Big Movements: We also support big body activities like doing sports, riding a bike or climbing at the playground.

DAILY ACTIVITIES:

Occupational Therapy helps children learn or relearn important tasks, like brushing their teeth, tying shoelaces, or eating with a knife and fork.

ADAPTATION & EQUIPMENT:

Sometimes, we recommend special tools or changes to the environment to make daily tasks easier.

PLAY:

Play is an important part of learning for children, so our therapy often includes fun, play-based activities.



Child friendly sessions

